



MUSKHAM PRIMARY SCHOOL

RSHE FOR PARENTS

 Relationships Education Families, friendships, kindness, respect, boundaries and anti-bullying.	 Online Safety Safe technology use, privacy, reporting concerns and digital wellbeing.
 Health Education Mental wellbeing, healthy lifestyles, physical health and personal safety.	 Growing & Changing Puberty, body changes, personal hygiene and understanding development.

KEY INFORMATION FOR PARENTS

- ✓ Relationships and Health Education are statutory for all primary pupils.
- ✓ Primary Sex Education is not compulsory and is normally taught in Years 5 and 6.
- ✓ Parents may request withdrawal from non-statutory Sex Education lessons.
- ✓ Children cannot be withdrawn from National Curriculum Science content, including puberty.
- ✓ Parents can view RSHE resources and discuss any concerns with school staff.

Together we help children become confident, healthy, respectful and safe.

